



AUGUST 22-28, 2016
CAPITAL CAMPS IN WAYNESBORO, PA
Schedule of Activities

Monday, August 22, 2016

2:00 PM	Arrival and Registration, Snack	
3:15 PM	BUNK BONDING	
4:15 PM	Opening Session	Beit Am
5:15 PM	ICE BREAKERS	
6:15 PM	Dinner	Dining Hall
7:25 PM	ISRAEL UPDATE with Michal Chacham	Beit Am
7:45 PM	HERO/VILLAIN BOOTCAMP	Beit Am
9:15 PM	Evening Snack	Beit Am
9:30 PM	USY SUMMER PROGRAMS SHOWDOWN	Beit Am
10:15 PM	Kadima Curfew	Bunks
	USY Ma'ariv	Beit Am
10:30 PM	USY Curfew	Bunks
11:15 PM	LIGHTS OUT for 6 th -8 th & 10 th -11 th grade!!!	
11:45 PM	Curfew for 9 th & 12 th Grade	
12:15 AM	LIGHTS OUT for 9 th & 12 th grade!!!	

Tuesday, August 23, 2016

7:45 AM	Kima (Wake Up)	
8:30 AM	Kadima Shacharit: Marvel Shacharit	Beit Am
	<u>USY Shacharit - Breakout Choices:</u>	
	• Shut Up and Dance Shacharit	Dining Hall Lounge
	• Post-It Note Shacharit	Room Hay
	• Zumba Shacharit	Leadership Center
	• Acapella Shacharit	Room Dalet
	• Bananagrams Shacharit	Arts & Crafts
9:30 AM	Breakfast	Dining Hall
10:15 AM	<u>Kadima ~ Chug #1</u>	
	• Ropes Course	Ropes Course
	• Seaboard's Next Top Chef	Dining Hall- Right
	• Gaga	Gaga Pit
	• Arts & Crafts	Arts & Crafts- Inside
	• Tie-Dye	Arts & Crafts
	USY SA/TO Program	Leadership Center
11:30 AM	KADIMA SUPERHERO, GO!	Beit Am
	<u>USY Chug #1</u>	
	• Ropes Course	Ropes Course
	• Seaboard's Next Top Chef	Dining Hall - Right
	• Gaga	Gaga Pit
	• Basketball	Basketball Court
	• Arts & Crafts	Arts & Crafts- Inside
	• Tie-Dye	Arts & Crafts- Outside
	• Ultimate Frisbee	Teddy Field
12:45 PM	SEABOARD SIDEKICK LUNCH	Dining Hall
1:45 PM	KADIMA SUPER GAME SHOW	Beit Am

1:45 PM	USY Sicha: Community	
3:00 PM	Kadima ~ Change Clothes for Pool	
	<u>USY Chug #2</u>	
	<ul style="list-style-type: none"> • Ropes Course • Gaga • Seaboard's Next Top Chef • Ultimate Frisbee • Improv Games • Basketball • Sunday Shacharit Live Practice 	Ropes Course Gaga Pit Dining Hall- Right Field Room Daled Basketball Court Dining Hall Lounge Pool
3:30 PM	Kadima ~ Pool Games & Free Swim	
4:15 PM	USY Chofesh (Free Time)	
	<u>Chofesh Options:</u>	
	<ul style="list-style-type: none"> • <i>Pool Open & Board Games Available!! (4:30-6:00 PM)</i> • <i>Sports Equipment Available</i> 	<i>Pool</i> <i>Field, Bball Court</i>
4:30 PM	Kadima ~ Change Clothes	
5:00 PM	<u>Kadima ~ Chug #2</u>	
	<ul style="list-style-type: none"> • Arts & Crafts • Ropes Course • Gaga • Basketball • Seaboard's Next Top Chef 	Arts & Crafts- Inside Ropes Course Gaga Pit Basketball Court Dining Hall-Right Dining Hall
6:15 PM	Dinner & USY/Kadima Regalia Sale	
7:15 PM	TAKE DOWN THE VILLAINS!!!	Beit Am
9:00 PM	RIDDLERS RUSE	Beit Am
	Kadi ma Bonfire & Smores	Fire Pit
10:00 PM	6 th & 7 th Grade Curfew	
10:15 PM	USY Ma'ariv	Beit Am
10:30 PM	8 th Grade Curfew	
	USY Curfew	
	Optional 613 Mitzvah Club Late-Night	Room Daled
	Optional Heschel Late Night	Room Hay
	Optional Chalutzim Late Night	Dining Hall Lounge
11:00 PM	Curfew for 613 Mitzvah Club, Heschel, & Chaltutzim Late Nights	
11:15 PM	LIGHTS OUT for Kadima!!!	
11:45 PM	LIGHTS OUT for USY!!!	

Wednesday, August 24, 2016

7:30 AM	Kima	
8:15 AM	Shacharit	
9:15 AM	Breakfast	Dining Hall
10:30 AM	USY Sicha: Friendship	
	Kadima Sicha: Friendship	
11:30 AM	Maccabiah Team Meetings	
12:15 PM	Maccabiah Sports Competition	
1:45 PM	Lunch	Dining Hall
2:30 PM	Chofesh (Free Time) *Pool Open 2:30 – 3:30 pm*	
5:15 PM	Maccabiah Apache Relay	Camp-Wide
6:00 PM	Team Tug-O-War & Tikun Olam Competition	Field
7:00 PM	Dinner	Dining Hall
8:00 PM	Maccabiah Song & Plaque Competition, Ma'ariv	Beit Am
9:00 PM	USY POOL PARTY, DANCE & OUTDOOR MOVIE	Pool
	KADIMA MOVIE PARTY	Dining Hall Lounge
11:00 PM	USY & Kadima Curfew	
11:45 PM	LIGHTS OUT for USY & Kadima	

Thursday, August 25, 2016

7:45 AM	Kima (Bring everything you want for Hershey Park with you to Shacharit!! Don't forget inhalers and EpiPens, if you have them!)	
8:30 AM	USY & Kadima Shacharit	Beit Am
9:30 AM	Breakfast & Review Out-of-Camp Policies	Dining Hall
10:45 AM	Load Buses	
11:00 AM	DEPART FOR HERSHEY PARK (BAG LUNCHES ON BUSES)	
12:30 PM	ARRIVE AT HERSHEY PARK	
4:00-4:30 PM	Mandatory Check-In for 8 th -12 th Graders	Kosher Mart
7:30 PM	Mandatory Dinner	Picnic Area
8:30 PM	LOAD BUSES, DEPART HERSHEY PARK	
10:00 PM	Return to Capital Camps, Kadima Curfew	
10:30 PM	USY ~ Ma'ariv	Beit Am
	USY Curfew	
	Mandatory Nativ Late-Night for Juniors & Seniors	Dining Hall Lounge
11:15 PM	LIGHTS OUT for 6th-10th Grade!!!	
	Curfew for Juniors & Seniors	
12:00 PM	LIGHTS OUT for 11th-12th Grade!!!	

Friday, August 26, 2016

8:00 AM	Kima	
8:45 AM	<u>Kadima Shacharit – Breakout Choices</u>	
	<ul style="list-style-type: none">• Bananagrams Shacharit• Storytime Shacharit	Beit Am Room Dalet
	<u>USY Shacharit – Breakout Choices:</u>	
	<ul style="list-style-type: none">• Arts & Crafts Shacharit• Shacharit of Awesomeness• Meditation Shacharit• Throw Back Shacharit• Nature Walk Shacharit	Arts & Crafts Amphitheater Dining Hall Lounge Room Hay Meet at the Flagpole
9:45 AM	Breakfast	Dining Hall
10:30 AM	USY/ KADIMA ISRAEL PROGRAM	Beit Am
11:30 AM	USY Breakout Sicha: Ruach Kadima Sicha: Ruach	
12:30 PM	Lunch	Dining Hall
1:30 PM	Change Clothes	
2:00 PM	AQUAMANS EXTRAVAGANZA	Meet on Field
3:15 PM	Chofesh, Shabbat Preparation	
	<ul style="list-style-type: none">• <i>Pool Open (3:15-4:15 PM)</i>• <i>Board Games</i>• <i>Sports Equipment Available</i>	<i>Pool</i> <i>Pool</i> <i>Field, Bball Court</i>
5:00 PM	Shabbat Pep Rally, Kabbalat Shabbat, Ma'ariv	Beit Am
7:00 PM	Dinner & Ruach	Dining Hall
8:30 PM	Change Clothes	Bunks
9:00 PM	MISSION: IMPOSSIBLE	Beit Am
10:30 PM	Oneg Shabbat	Dining Hall
10:45 PM	Kadima Curfew	
11:00 PM	USY Curfew	
	USY Optional Late-Night Seaboard Tisch	Dining Hall Lounge
11:30 PM	LIGHTS OUT for Kadima!!!	
11:45 PM	Curfew for Seaboard Tisch	
12:30 PM	LIGHTS OUT for USY!!!	

Saturday, August 27, 2016

9:00 AM	Kima	
9:45 AM	Breakfast	Dining Hall
10:30 AM	Shacharit Service by Grade	

11:30 AM	Camp-Wide Torah Service, Musaf	Beit Am
1:00 PM	Lunch	Dining Hall
2:30 PM	Kadima – Change Clothes	Bunks
	USY Chofesh (Free Time) **Pool Open (2:45-4:30 PM)**	
3:00 PM	MAKE GOOD CHOICES, KADIMA!	Beit Am
4:30 PM	Kadima Chofesh (Free Time)	
	Pool Open (4:30 – 5:45PM) <i>(Board Games and Sports Equipment Available at Pool)</i>	
5:00 PM	USY Mincha	Beit Am
5:45 PM	USY Sicha: Leadership	
6:00 PM	Kadima Sicha: Community	
6:45 PM	Dinner	Dining Hall
7:45 PM	USY Slow-ach	Beit Am
	Kadima Ruach	Dining Hall
8:15 PM	Ma'ariv / Havdallah	Beit Am
9:15 PM	USY DANCE	Beit Am
	Kadima change clothes	
9:30 PM	KADIMA POOL PARTY	Pool
10:45 PM	Kamp Kadima Curfew	
	USY Farewell Bonfire & Smores	Fire Pit
11:30 PM	LIGHTS OUT for Kadima!!!	
11:45 PM	USY Curfew	
11:45 PM	Senior Late-Night	Dining Hall Lounge
12:30 AM	Senior Curfew	
	LIGHTS OUT for 9 th -11 th Grade!!!	
1:00 AM	LIGHTS OUT for 12 th Grade!!!	

Sunday, August 28, 2016

8:00 AM	Kima	
8:45 AM	Pack and Clean-Up	Bunks
9:15 AM	Breakfast	Dining Hall
10:15 AM	SUPERHERO SHACHARIT LIVE!!	Beit Am
11:15 AM	Closing Ceremony	Beit Am
11:45 PM	Load Buses	
12:15 PM	Buses Depart. L'hitraot! ☺	