



August 21-27, 2017
 Capital Camps in Waynesboro, PA

Schedule of Activities

Monday, August 21, 2017

2:00 PM	Arrival and Registration, Snack	
2:30 PM	Viewing of the Solar Eclipse	Field
2:45 PM	Kadima Bunk Staff Meeting	Safed Pavilion
3:15 PM	Bunk Bonding	
4:15 PM	Welcome, Opening Session	Beit Am
5:15 PM	Ice Breakers	
6:15 PM	Dinner	Dining Hall
7:45 PM	Seaboard Goes For A Rider	Beit Am
9:15 PM	Evening Snack	Beit Am
9:30 PM	COMMcert COMMpetition	Beit Am
10:15 PM	Kadima Curfew Kadima Bedtime Meds USY Ma'ariv	Bunks Infirmery Beit Am
10:30 PM	USY Curfew USY Bedtime Meds	Bunks Infirmery
10:45 PM	Senior/ Freshman Late Night	

Tuesday, August 22, 2017

7:45 AM	Kima (Wake Up)	
8:15 AM	<i>Pre-Shacharit Meds & Snack</i>	<i>Infirmery</i>
8:30 AM	<u>Kadima Shacharit</u> Legos Shacharit Bananagrams Shacharit Arts Shacharit	Room Hay Beit Am Arts & Crafts – Right

USY Shacharit

Zumba Shacharit
Spotify Shacharit
Niggun Shacharit
What Does It Mean Shacharit
Arts Shacharit

Leadership Center
Dining Hall – Right
Dining Hall Lounge
Room Daled
Arts & Crafts – Left

9:30 AM

Breakfast

Dining Hall

10:15 AM

Kadima ~ Chug #1

Ropes Course
Seaboard's Next Top Chef
Gaga
Arts & Crafts

Ropes Course
Dining Hall - Right
Gaga Pit
Arts & Crafts

SEABOARD USY SHARK TANK

Leadership Center

11:30 AM

SEABOARD KADIMA SHARK TANK

Beit Am

USY Chug #1

Ropes Course
Seaboard's Next Top Chef
Gaga
Basketball
Arts & Crafts
Tie-Dye
Volleyball

Ropes Course
Dining Hall - Right
Gaga Pit
Basketball Court
Arts & Crafts – Inside
Arts & Crafts-Outside
Volleyball Court

12:45 PM

Lunch

Dining Hall

1:45 PM

KadimaFest

USY Sicha

R & B
Pop
Reggae
Techno
Country

Room Daled
Room Hay
Arts & Crafts
Dining Hall- Right
Dining Hall Lounge

3:00 PM

Kadima ~ Change Clothes for Pool

USY Chug #2

Ropes Course
Gaga
Seaboard's Next Top Chef
Ultimate Frisbee
Tie Dye
Improv Games
Sunday Shacharit Live Practice

Ropes Course
Gaga Pit
Dining Hall-Right
Field
Arts & Crafts -Outside
Room Daled
Dining Hall Lounge

3:30 PM	Kadima ~ Pool Games & Free Swim <i>Staff Training with Sasha & Michelle</i>	Pool <i>Outside Pool</i>
4:15 PM	USY Chofesh (Free Time) <u>Chofesh Options:</u> <i>Pool Open & Board Games Available!! (4:30-6:00 PM)</i> <i>Sports Equipment Available</i> <i>Seniors Meeting with Sasha (5:30-6:15 PM)</i>	Pool <i>Field, Bball Court</i> <i>Dining Hall - Right</i>
4:30 PM	Kadima ~ Change Clothes	
5:00 PM	<u>Kadima ~ Chug #2</u> Ropes Course Gaga Seaboard's Next Top Chef Tie Dye	Ropes Course Gaga Pit Dining Hall-Right Arts & Crafts Outside
6:15 PM	Dinner & USY/Kadima Regalia Sale	Dining Hall
7:15 PM	SA/TO Program: Education to Legislation Kvutzat Kadima Program	Beit Am Room Daled
8:00 PM	KADIMA BONFIRE & S'MORES	Fire Pit
8:30PM	USY Grade Level Programs Freshmen Sophomores Juniors Seniors	Room Daled Beit Am Room Hay Dining Hall Lounge
9:00 PM	<i>Kadima Bedtime Meds</i> Kadima Curfew	<i>Infirmary</i>
9:45 PM	USY Ma'ariv	Beit Am
10:00 PM	USY Curfew <i>USY Bedtime Meds</i>	<i>Infirmary</i>
	Optional 613 Mitzvah Club Late-Night Optional Heschel Club Late- Night Optional Chalutzim Club Late-Night	Room Daled Room Hay Dining Hall Lounge
10:30 PM	Curfew for Late Nights	

Wednesday, August 23, 2017

7:15 AM	Kima (Bring everything you want for Hershey Park with you to Shacharit!! Don't forget inhalers and EpiPens, if you have them!)	
7:45 AM	<i>Pre-Shacharit Meds & Snack</i>	<i>Infirmary</i>
8:00 AM	Whole Camp Shacharit (Hallel)	
9:30 AM	Breakfast & Review Out-of-Camp Policies	Dining Hall
10:45 AM	Load Buses	
11:00 AM	Depart for HERSHEY PARK (Bag Lunches on Buses)	
12:30 PM	Arrive at HERSHEY PARK	
4:00-4:30 PM	Mandatory Check-In for 8 th -12 th Graders	Kosher Mart
7:30 PM	Mandatory Dinner at HERSHEY PARK	Picnic Area
8:30 PM	Load Buses, Depart HERSHEY PARK	
10:00 PM	Return to Capital Camps <i>Bedtime Meds</i> Whole Camp Ma'ariv- MACCABIAH BREAK!	<i>Infirmary</i> Beit Am
10:30 PM	USY & Kadima Curfew	

Thursday August 24, 2017

7:30 AM	Kima (Wear your MACCABIAH t-shirt and appropriate shoes!!)	
8:00 AM	<i>Pre-Shacharit Meds & Snack</i>	<i>Infirmary</i>
8:15 AM	<u>USY Shacharit</u> Bananagrams Shacharit Arts Shacharit	Room Hay Arts & Crafts
	<u>Kadima Shacharit</u> Spotify Shacharit Instagram Shacharit Traditional Service	Dining Hall – Right Room Daled Beit Am
9:15 AM	Breakfast	Dining Hall
10:00 AM	Camp-Wide Photograph	Outside Arts & Crafts
10:30 AM	USY Sicha Kadima Sicha	

11:30 AM	TEAM MEETINGS (Rules, Teach Cheers, Song/ Plaque/Sports Sign-Up)	
	<ul style="list-style-type: none"> • Blue • Green • Yellow • Red • Purple (Neutrals) 	Beit Am Dining Hall Lounge Dining Hall Right Leadership Center Bet Lounge
12:15 PM	Sports Competition	
	<ul style="list-style-type: none"> • Basketball • Soccer • Kickball • Gaga • Wacky Relays • Plaque • Song 	Basketball Courts Field Far End Field Near End Gaga Pit Leadership Center Arts & Crafts Team Locations
1:15 PM	Team Meetings (Go over rules for silent lunch, create silent cheers)	
	<ul style="list-style-type: none"> • Blue • Green • Yellow • Red 	Beit Am Dining Hall Lounge Dining Hall - Right Leadership Center
1:45 PM	Silent Lunch	Dining Hall
2:30 PM	Chofesh (Free Time) *Pool Open 2:30 – 3:30 pm* Chapter Pictures	Outside Dining Hall
4:00 PM	Team Meeting (Apache Relay Assignments, Prep for Song & Plaque Competition) Neutrals Meeting	Team Locations Bet Lounge
5:15 PM	Apache Relay	Camp-Wide
6:00 PM	TEAM TUG-O-WAR & Tikun Olam Competition	Field
7:00 PM	Dinner	Dining Hall
8:00 PM	Song & Plaque Competition/ MACCABIAH FINALE	Beit Am
9:00 PM	USY POOL PARTY, DANCE & OUTDOOR MOVIE Kadima Movie Party	Pool Dining Hall Lounge
11:00 PM	Curfew Bedtime Meds Senior Late-Night	Infirmary Beit Am
12:30 AM	Senior Curfew	

Friday, August 25, 2017

7:45 AM	Kima	
8:15 AM	<i>Pre-Shacharit Meds & Snack</i>	<i>Infirmary</i>
8:30 AM	<u>Kadima Shacharit</u> Legos Shacharit Apples to Apples Shacharit Siddur Scavenger Hunt	Room Hay Beit Am Gazebo
	<u>USY Shacharit</u> Netflix Shacharit Spotify Shacharit Wake Up on Summer Programs Shacharit What Does It Mean Shacharit	Dining Hall Lounge Dining Hall – Right Arts & Crafts Room Daled
9:30 AM	Breakfast	Dining Hall
10:30 AM	USY Summer Programs Activity	Beit Am
11:30 AM	USY Sicha Kadima Sicha	
12:30 PM	Lunch	Dining Hall
1:30 PM	Change Clothes	
2:00 PM	COLOR FEST	Meet on Field
3:15 PM	Chofesh, Shabbat Preparation <i>Pool Open (3:15-4:15 PM)</i> <i>Board Games</i> <i>Sports Equipment Available</i>	<i>Pool</i> <i>Pool</i> <i>Field, Bball Court</i>
5:30 PM	Shabbat Pep Rally, Kabbalat Shabbat, Ma'ariv <i>Dvar Torah</i>	Beit Am
7:00 PM	Dinner & Ruach <i>Dvar Torah</i>	Dining Hall
8:30 PM	Change Clothes	Bunks
9:00 PM	BACK UP BREAK OUT	Beit Am
10:00 PM	Oneg Shabbat	Dining Hall
10:15 PM	Kadima Curfew <i>Kadima Bedtime Meds</i>	<i>Infirmary</i>

10:30 PM	USY Curfew <i>USY Bedtime Meds</i> USY Optional Late-Night Seaboard Tisch (Ruach Session)	<i>Infirmary</i> Dining Hall Lounge
11:00 PM	Curfew for Seaboard Tisch	
Saturday, August 26, 2017		
9:00 AM	Kima	
9:45 AM	Breakfast	Dining Hall
10:30 AM	<u>Kadima Shacharit</u> Legos Apples to Apples Siddur Scavenger Hunt	Room Hay Beit Am Room Daled
	<u>USY Shacharit by Grade</u>	
	9 th	Meet at the Flagpole
	10 th Meditation Shacharit	Meet at the Gazebo
	11 th by Grade	Meet at the Beit Am
	12 th	Meet Outside Lodge Bet
11:30 AM	Camp-Wide Torah Service, Musaf	Beit Am
1:00 PM	Lunch	Dining Hall
2:30 PM	Kadima – Change Clothes	Bunks
	USY Chofesh (Free Time) **Pool Open (3:00-5:00 PM)**	
3:00 PM	Katy Perry Gone Missing	Beit Am
4:15 PM	Kadima Chofesh (Free Time) **Pool Open (4:30 – 5:45PM)** (<i>Board Games and Sports Equipment Available at Pool</i>)	
5:00 PM	Optional Mincha	Beit Am
5:30 PM	USY Sichot	Meet in Beit Am
5:45 PM	Kadima Sichot	
6:45 PM	Dinner	Dining Hall
7:45 PM	USY Slow-ach Kadima Ruach	Beit Am Dining Hall
8:15 PM	Ma'ariv / Havdallah	Beit Am

9:00 PM	USY Dance KADIMA POOL PARTY	Beit Am Pool
10:30 PM	Kamp Kadima Curfew <i>Kamp Kadima Bedtime Meds</i>	<i>Infirmary</i>
	USY FAREWELL BONFIRE & SHMORREES	Fire Pit
11:30 PM	USY Curfew <i>USY Bedtime Meds</i>	<i>Infirmary</i>
11:30 PM	Senior Late-Night	Dining Hall Lounge
12:15 AM	Senior Curfew	

Sunday, August 27, 2017

7:30 AM	Kima	
8:15 AM	Pack and Clean-Up	Bunks
8:45 AM	Breakfast	Dining Hall
9:45 AM	Sunday Shacharit Live	Beit Am
10:45 AM	Closing Ceremony	Beit Am
11:15 AM	Load Buses	
11:45 AM	Buses Depart. L'hitraot! ☹	