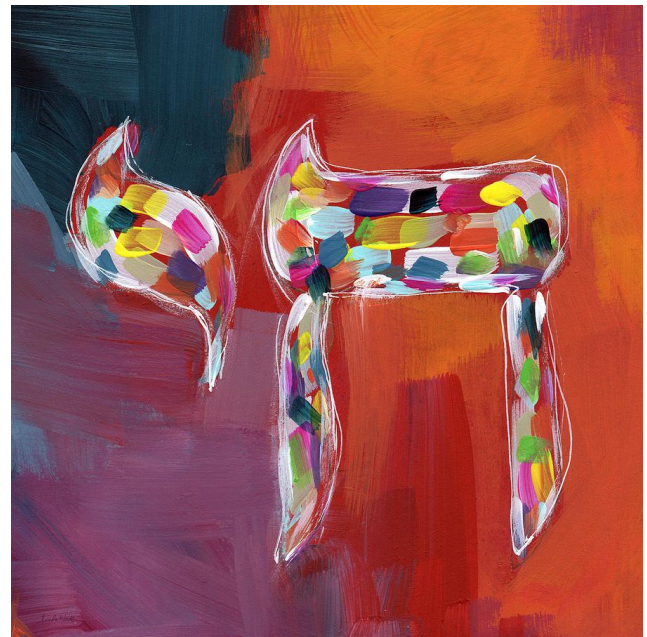


**Work  
Hard**



**Pray  
Hard**



**The OFFICIAL Seaboard USY  
Religion/Education Handbook  
2017-2018 5777-5778**

**Compiled By:  
Gabi Shapo  
Seaboard 2017-2018  
Religion/Education Vice President**

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# A Letter

Dear Religion/Education RGB Members and Chapter VPs,

First off, **WELCOME TO THE REL/ED TRIBE (!!!)** and **MAZEL TOV** on being elected into your positions! I am **THRILLED** for our dynamite team to start the year-- we're gonna blow the roof off Seaboard USY! Together, we will grow as we work, learn as we teach, and show Seaboard what the Rel/Eds are made of!

But first, I want you to take thirty seconds and think about what a Rel/Ed's job is.  
No, seriously, take thirty seconds.

As Rel/Eds, we do so much more than lead services and give dvars (although those are still important)-- we help each member of Seaboard USY with his/her personal journey of developing Jewish identity. We all come from different Jewish backgrounds and levels of observance at home, and that's what makes our job interesting and special! This year, we will work together to help our peers find their place in the religious aspect of USY. We will establish programs, materials, and prayer services to teach our peers about Judaism, tradition, discuss controversial judaic topics, and connect every member of Seaboard USY and Kadima closer to our community and religion.

So what does this mean? We definitely don't have a simple, easy objective, but if anyone can do it, it's us. *Inside* conventions, I am leading a **What Does it Mean? Breakout Shacharit** for USYers looking to understand the meaning behind the words we chant. We will also be **hyping up ruach** by looking at it from a new approach. *Outside* of conventions, the ruach chairs will create an **online ruach and sloach recording database** as well as hosting **online monthly ruach and sloach sessions** via WebEx. We will all spread **Shabbat Across Seaboard** to our chapters across the region. And finally, to bring skills we learn *outside* convention *inside*, the *Study With a Buddy (SWAB)* chairs are working on a **tutoring system for USYers** to independently learn and teach different services and prayers, and the Tfillot chairs are **efficiently compiling tfillot assignments** while maintaining clear communication with the USYers.

As the wise words of Shimon Peres say, "You are as great as the cause you serve, and as young as your dreams." Let's put our all into 2017-2018 and make something special! ☆☆☆

Love,

Gabi Shapo

Seaboard Regional Religion/Education Vice President 2017-2018

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# Meet the RGB and Chapter Board!!

## RGB

### Tfillot Chairs

- Rachel Robin
- Gabe Kanter-Goodell

### Ruach Chairs

- Jimmy Stluka
- Rachel Robin
- Austin Kaminow

### *Study With a Buddy* Chairs

- Ben Topol
- Joey Wolf

### Abraham Joshua Heschel Honors Society Chair

- Jake Foreman

### Creative Shacharit Chair

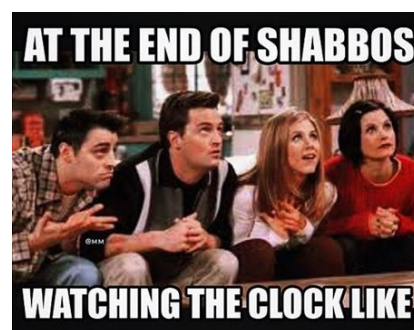
- Joe Rubin

### SSL Band Leader Chair

- Adam Moldover

## Chapter

- Joey Wolf (Ohr Kodesh)
- Richard Soucy (BIOM)
- Adam Moldover (Beth Emeth)
- Rachel Robin (Har Shalom)
- Ben Topol (Beth El Bethesda)
- Maya Bellas (BSO)
- Danya Levy (Bnai Israel)
- Zach Aldouby (Beth Am)
- Ahava Freeman (Olam Tikvah)
- Benjamin Greyber (Beth El Durham)
- Shira Lister (Tifereth Israel)
- Austin Kaminow (Tikvat Israel)
- Avi Scheinberg (Agudas Achim)



# Shabbat Across Seaboard



**NEW!!**

By Gabi Shapo, Seaboard Religion/Education VP 2017-2018

**Who?** Open invitation to any and every Seaboard USYer!

**What?** A series of geographic-centered Shabbat dinners occurring simultaneously throughout the region.

**When?** Dates are still TBD, but we will hopefully have one Shabbat in the fall, and another in late winter/early spring.

**Where?** Shabbat Across Seaboard will take place in each major geographic area (Baltimore, MoCo, Nova, Raleigh/Durham).

**Why?** So you can spend Shabbat with friends you don't get to see often from the different chapters in your area!

**How?** We can only make this work if you sign up, spread the word, and encourage your friends to do the same (-:

## Asking for Support

By Gabi Shapo, Seaboard Religion/Education VP 2017-2018

*"I want to support you." "I'm here for you." "You can always ask me anything."* These are phrases you've probably heard a million times, accepted politely, and moved on while thinking to yourself, 'That's an empty promise, I'll never take her up on that'. But here's the thing about me-- I MEAN IT when I say these things. By definition, **my job is to equip you with the tools and materials you need to succeed. Use me as a resource** extending over anything and everything relating to religion, education, and even your board. Sometimes, it can be a little intimidating or scary to and ask for help. I know this because I've felt the same way! The one thing I ask of you, is If you ever are debating about asking for help, ask. I promise I will be happier that you reached out for something small than if you didn't ask and it became something big later. Here's a starting list of some things we can work on together:

- Engaging USYers in Rel/Ed stuff
- Developing a stronger sense of Judaism in your chapter
- Constructing a Rel/Ed chapter Event
- Communicating with the rest of your board
- Anything pertaining to your goals
- Developing your personal Jewish identity
- Learning a prayer or service
- Learning about the meanings behind prayers or services
- (Not so) relevant Jew Questions

# Doing Yo' Job Duties and Expectations

By Gabi Shapo, Seaboard Religion/Education VP 2017-2018

Throughout the year, each one of us takes on responsibilities in school, sports, extracurriculars, and even other USY commitments. When confronted with everything on our plate, it can be easy for us to put our duties as a Rel/Ed RGB and Chapter Board member to the side. If/when this happens, remind yourself that **if you aren't doing your job, no one is**. You decided to be a Rel/Ed for a reason -- because you care about your Judaism and want to help other people care about theirs. It is SOOOOO important that you **put time, enthusiasm, and effort into your job as a Rel/Ed because you support the core of USY's existence -- an outlet for teens to have fun while growing and connecting to Judaism!** No, you shouldn't put an event write-up before studying for an important school exam. Instead, you must **make time to fulfill your part** in your chapter and region. Prioritize your time to keep room for Rel/Ed.

## Space to brainstorm and prioritize:

What's on your plate this year?

What do you want to accomplish as a  
Rel/Ed this year?

# Responsibilities for Everyone:

By Sam Weiss, Far West Religion/Education VP 2014-2015  
Adapted by Gabi Shapo, Seaboard Religion/Education VP 2017-2018

## **-Actively Participate/Be a Dugma (Role Model) During Services**

You know how it feels when someone isn't listening to you or respecting you. Not only should you be a leader when you're up at the front, but you also must be a role model from the crowd. Encourage others to participate right along with you! If you are talking or being a distraction during services, how can you expect others not to do so? It is important to be a role model in chapter services as well.

## **-Lead (and learn!) Services**

- Everyone knows how to lead *something* -- hamotzi, ma'ariv, or even a torah reading. Don't be afraid to get up there and show it off! Also, be sure to offer yourself as a resource for anyone who wants to learn something you already know.
- If *you* want to learn a specific service, how to read torah, or anything else... never be afraid to ask (me or any of the other RGB)! The mishna says, '*One who studies in order to do is granted the ability to study, to teach, to observe, and to do.*' Also check out learning/teaching through SWAB!!\*\*

## **-Pump people up and sing your heart out during ruach!**

It's everyone's job to liven the atmosphere during ruach, whether you're an official ruach chair or not! Put more spirit into ruach and show people how to get into it! Participate, even if you're the only one out of your friends who is. They will come around once they feel your energy radiating through the room.

## **-Support the Abraham Joshua Heschel Honors Society (AJHHS)!**

AJHHS is one of three clubs that you can join through USY, and your name better be on the list of members! If you know you're not a member, be sure to sign up at <http://bit.ly/2vYLv8w>. You should also come to the AJHHS late nights each convention (although I know you'd want to anyways).

## **-Help with the RGB projects**

- \*\*Sign up (and encourage others) to learn a service or help others learn through Study With a Buddy (SWAB)
- Be sure to join Seaboard once a month for online ruach and sloach sessions, and don't forget to check out the ruach and sloach database as well!
- Sign up (and encourage others) to lead a Creative Shacharit during Spring Convention

# Chapter Board Responsibilities:

Adapted from Sam Weiss, Far West Religion/Education VP 2014-2015  
By Gabi Shapo, Seaboard Religion/Education VP 2017-2018

## **-Go to Services**

This is one of the most influential things you can do in your community -- and the old people love it!! Invite a bunch of USYers to come hang out with you at services, and score some bagels and lox at the kiddush. Not only will this make services more enjoyable for you and your friends, it makes all of the elderly ladies who see 'the youth' participating in the Jewish community sooo happy. You can even continue with a ruach session and birkat! Why not, right?

## **-Listen Up**

Listen to what your fellow USYers are saying. If they tell you services are boring, ask them why and find a solution! If they want to do more with ruach and sloach during programs, do it! If they have an idea to make Rel/Ed (or any other) programs more interesting, try it out! If they want to learn a service, teach them! Feedback from the people you serve is your biggest tool.

## **-Programming**

Rel/Ed programming is always tricky-- it's challenging to find the perfect balance between incorporating Judaism and educational lessons while having an invested, enthusiastic crowd. Get a feel for the group you're working with, and brainstorm events you are confident will interest them. Then, talk to your board about potentially having some Rel/Ed focused events such as the one you have planned. Finally, get to know your audience and see how your members respond to different levels of religious or education programming, and act accordingly. Check out page 14 of the packet for an in-depth guide!

## **-Divrei Torot**

A D'var Torah is a 'little teaching', usually based on the weekly parsha, or some text. Aim to deliver a d'var torah once a month or so -- lounge nights work great, and Shabbat dinners are a fabulous option as well!



# Doing Jew for YOU

By Gabi Shapo, Seaboard Religion/Education VP 2017-2018

People say that that Rel/Eds have the hardest job. And to be quite frank, they're completely right-- not only are we tasked with handling services and all educational aspects of events, we also must find how to keep people interested in such activities. We often do this by putting on an 'I LOVE services ALL THE TIME!!' face, but as soon as our mindset slips, it's easy for us to feel disconnected to the part of our job we preach we love so much. We're so focused on serving the religious needs of our chapter and region, we forget to serve the religious needs of ourselves. It's *crucial* that you put time into getting something out of all of the Jew stuff that surrounds us, not for the show, but for YOU. Let's talk about how to do this.

## 1) Understand 'Why'

Let's be real for a sec-- sitting in services can be *bo-ring*. When we have trouble connecting, we glaze over the prayers and often forget about 'why' we are chanting the words in the first place. We forget the immense value they have to our people-- but something we've preserved for this many thousand years must be pretty darn important. Whether a prayer is repetitive, or is one that you find super intriguing, everything in the siddur offers value to us in our lives if we look at it the right way. So read the English translation on the left side of the book! It's the easiest way to see first-hand where our stories, values, and traditions stem from. Once you've accomplished step one, or understanding 'why' we are chanting the words we do in the prayer services, it makes it much easier to...

## 2) Know What You're Connecting to

Although sometimes it can be hard to picture when sitting among 150 teenagers, the act of praying during services connects to something so much larger. For generations upon generations, our parents, grandparents, and great-grandparents chanted (a variation of) the exact same words as us. As we continue to strengthen our connection to services, we are not only making them proud, we are enabling our children to connect to their ancestors as well.

## 3) Listen for the *Nusach* (tune for the service)

Sometimes, you're just not able to get into a super prayer-y mindset and think about deeper tips #1 and #2 on the list. You know what? That is 100% okay, and every single person feels this way sometimes. In cases as such, focus on the unique melody each service illuminates. Listen to the voices of the people around you and the passion they put into their praying, especially for services like Friday night Kabbalat Shabbat and ma'ariv. If you pay attention closely enough, you can hear motifs and themes throughout each service, and it can be SUPER COOL to pick up on those patterns! This is also a great way to connect to ruach and sloach.

# ...cont'd

## 4) LEARN THE SERVICE!!

Sounds obvious, right?? Surprisingly (or not so surprisingly), I have personally found that my mind doesn't wander off to when I'll be able to eat the little cookies during Kiddush as much when I'm able to follow and sing along with the leader during services, or lead the service myself. Once you get over the hump of simply *not knowing* the service (which I consider to be the biggest disconnect and reason one doesn't enjoy it), you feel a sense of genuine confidence every time you sing it. Tip #3 also helps with this.

## 5) Go to services

They say showing up is half the battle. I know it can feel like a drag at first, but going to shabbat services at least semi-regularly 100% helps strengthen your connection to prayers and the community based around it. Also, in order to work on any of the tips #1-3 (and #4 to an extent), the only way is to scooch your little tuchus on over to shul! Bring your friends to hang out with you and/or schmooze with all of the middle-aged women, and maybe gain a little wisdom too! Plus, you're doing a HUGE mitzvah.

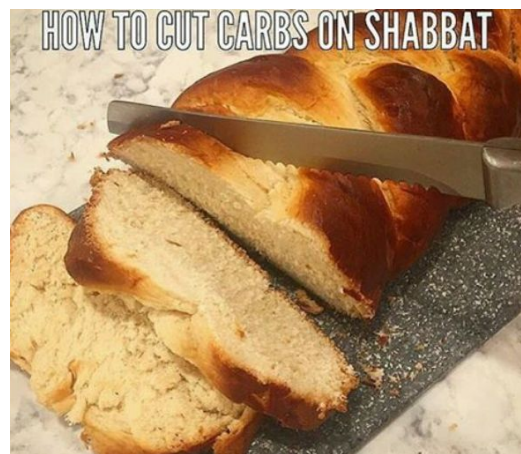


## 6) Make Time to Reflect

Investing yourself into anything new, especially something as vast as connecting to prayer, requires time to think back on the changes you've made-- in both your behavior and your mindset. Continually ask yourself what you've gotten out of the process so far, and don't be afraid to ask any 'big questions' to yourself while in this portion of the process.

## 7) Remember 'Why'

Now that you've spent a considerable amount of time dedicating your thoughts, time, and energy to Judaism, think back to why you read this list in the first place-- because you're a Rel/Ed. Your job is special because you are to focus your entire year on giving Jewish teens the tools they need to get something out of their religion. Now that you are 'doing Jew for YOU', it is so much easier to fulfill your position of helping others find the meaning too.



# How to Make Jew Stuff Fun

By Yaakov Bellas, Seaboard Religion/Education VP 2015-2016

Adapted by Gabi Shapo, Seaboard Religion/Education VP 2017-2018

One of the biggest problems we experience when trying to recruit more USYers is this famous quote: "USY is too Jewish". As Rel/Eds, we strive to get people to look at the Jewish aspect of USY (tefilah, sichot, etc.) with a similar attitude they look at regular programming (rotations, chuggim, etc.). While we must remember that tie-dying and grade-wide competitions are objectively more interesting than sitting quietly while someone chants prayers in a different language, here are some ways to take the dry stuff in Rel/Ed and make it more fun for yourself and the people around you.

- 1) **Don't be a stone wall when doing "the deed"**. A huge contributor to an individual's experience is how they perceive the experiences of the people around them. "The deed" in this case can be tefilah (at a chapter or regional event), sichah, a more educational chapter program, or anything else that incorporates a Rel/Ed aspect. So smile and act like you're having a good time!! Nobody likes 'dead' services anyways. If you look engaged, entertained, and enthused during Rel/Ed related programming, chances are people around you are going to feed off of your energy and have more fun with it.
- 2) **Participation is Key**. Similar to the first point, if you are participating, other USYers will think: "Hey, if s/he is doing it, why don't I try it out?" Once you have them participating with you, then you can spread the Rel/Ed cheer around. This tip takes advantage of the whole "blend in with the crowd and do what everybody else is doing" thing, but hey, when you're a Rel/Ed you take all the help you can get.
- 3) **Goof off a Little Bit, but Don't be Disrespectful**. When you see me up at the front of the room, especially during tfillot, I make a very serious effort to goof off. By goofing off, I mean doing a couple things: #1- Making the whole idea of what you're doing look more fun. USYers sit in tfillot thinking about when it's gonna be over. If you surprise them with a random dance routine to a prayer, get all up in their faces with the words, or come up with some silly add-on to a service (i.e. a torah questions game show after each torah reading), you are making something they thought was boring seem fun. And #2-Forcing them to be engaged in what the rest of the crowd is doing. The unexpected works in strange ways.
- 4) **Sell It!** The culprit of why USY is "too Jewish" starts with one's impression of the chapter. You're the grassroots to the rest of Regional and International USY, and if teens have a negative mindset before they even go to a chapter event, there's no way they'll want to be more involved. It's okay to up-play the social aspect of a Jewy-centered event, as long as once you get there, you show everyone going in with the "Jew stuff is boring" mindset that it can be fun too!!

# How to Incorporate Judaism into Chapter Events

By Gabi Shapo, Seaboard Religion/Education VP 2017-2018

The Rel/Ed doesn't have an easy job at the chapter level, either. When planning chapter events, people often tack on the 'Rel/Ed aspect' of a program last minute with nothing more than hamotzi or a quick dvar. Although both of those are ways to check off that Rel/Ed box in the program write-up, you can do SO MUCH MORE with your programming to incorporate Judaism-- the possibilities are endless!!

- 1) **Get Your Jew-uices Flowing.** Before you can talk to your board about your event or advertise to members of your chapter, you first need to have a solid game plan for a religious-themed event, or an event with a solid religious component. Here are a few ideas (and space to brainstorm) for you to steal from, adapt, or help you get your Jew juices flowing:

(Some events courtesy of NERUSY Leadership Convention 2001)  
Ask me for the full descriptions and write-ups of listed events!

- **Sneak Attack** - adding a Jewish twist to social events
  - Jewish Movie Night
  - Havdallah (Saturday night event = Havdallah time!!)
  - 
  -
- **Food Focus** - universally loved and always a big hit!
  - Monthly Bagel Brunch
  - Holiday Cookbook- Host an event where the chapter compiles a cookbook with everyone's favorite holiday meals. During the second half, cook one or two of them!
  - 
  -
- **Holiday Programming** - especially good for seasonal events!
  - Post-Pesach Pizza Party
  - Friday Night Shabbat Services and program
  - 
  -

# ...cont'd

## 2) Get the Board on Board

When the whole board is together discussing different events that are coming up, Rel/Ed-focused events sometimes get shut down or pushed to the side because they're worried that it won't be fun. When addressing your board about hosting a more Jewy event, you can use a few tactics:

- Advocate for event diversity. Point out any IA, SA/TO, or purely social events on the calendar. If your board wants to have a year of diverse programming, there's no reason a Rel/Ed program can't be thrown in there.
- **\*\*\*REL/ED EVENT ≠ SITTING AROUND READING TORAH FOR TWO HOURS.\*\*\*** There's usually food, fun activities, and social time too, just the same as any other event! Help your board change their preconceived notions about religious-themed events by explaining to them what you plan to do during your Rel/Ed event.
- Learning doesn't have to be boring, especially in moderation. There is sooo much culture and sooo many values to explore, and especially with the way *you* have planned to keep people interested, they may even change their mind about how they think of educational programming.

## 3) Know Your Audience

You've got your fantabulous event, you've got your board on board, and now, you need to prove to members of your chapter why your event is worth their time, both beforehand as you're advertising, and during the event. Here are some tips:

- Advertise to the individual. The way you'd talk up an event to a teen who enjoys coming to services weekly and loves asking the rabbi questions is probably pretty different from the way you'd advertise to your more *Jew-ish* friends, if ya' know what I mean. Play up the parts of your event that appeal to who you're talking to. If that means marketing your chocolate seder event as a social event where everyone can bond over how annoyed they are about not eating bread, talk it up that way. Let them be pleasantly surprised about how fun it is to learn about manah once they get there.
- Don't be afraid to adapt. You may have worked really, really hard on an event, and believe everyone will connect to the concepts as much as you do. If you can sense that the crowd present is overloaded with religious or educational content, that doesn't mean you did anything wrong-- it means that this specific group connects in a different way than you expected. And that's okay; it means you better understand what works best for next time. Make a mental backup plan to switch it up in-the-moment so you can make the event enjoyable for the attendees (as long as you're still including *some* religious or educational aspect!). Be sure to bring this up to your board when discussing your event (especially if they're worried about engaging the attendees), as well!

# Tfillot 101

By Jordan Baily Brandt, Seaboard Religion/Education VP 2010-2011  
Adapted by Sammy Felsen, Seaboard Religion/Education VP 2012-2013  
Adapted by Micah Cowan, Seaboard Religion/Education VP 2013-2014  
Adapted by Hannah Weisman, Religion/Education VP 2014-2015  
Adapted by Yaakov Bellas, Religion/Education VP 2015-2016  
Adapted by Matthew Kaminow, Religion/Education VP 2016-2017  
Adapted by Gabi Shapo, Religion/Education VP 2017-2018

## FOLLOW THESE STEPS FOR FUN, AMAZING, RUACH-FILLED TFILOT!!

1. **If you are next to someone who lost where we are in the service, show them what page in everyone's on.** Tefillot might seem rushed and confusing for some people (especially people that do not know Hebrew that well or at all), if you lend a helping hand, people will feel good and know that you are there to support them!
2. **Sharing is caring!** If you see your neighbor is not wearing tallit and tefillin, and you are, share with them. When you share, you are giving others an opportunity to fulfill the mitzvot associated with tallitot and t'fillin!

Notes for sharing tallit and t'fillin:

1. Always stand when putting on or removing tefillin
2. The mitzvah of t'fillin is fulfilled by saying the Shema with tefillin on. It is appropriate to keep your tefillin on until after you finish the paragraph following the Shema, then transfer your tefillin to your neighbor, who should start at the beginning of the Shema and continue from there.

3. **ONLY LEAD IF YOU ARE THE LEADER!** You may be well rounded when it comes to tfillot, but the purpose of the *shaliach tzibbur* is to lead the congregation. Your job as a part of the minyan is to sing among those in the community. Sing with confidence, but don't sing as though you're competing to be the loudest voice.



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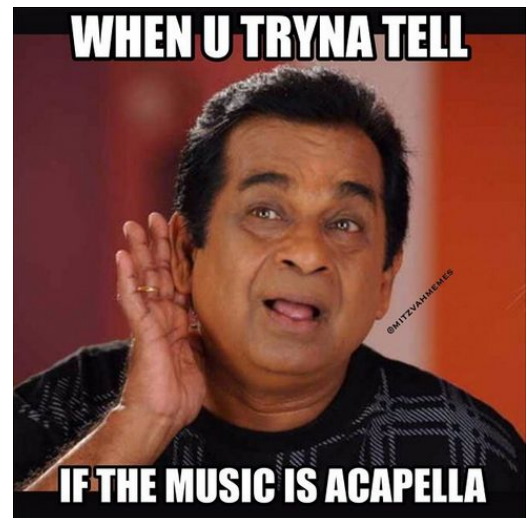
## 4. Watch the volume of the crowd.

a) It's not realistic to expect zero side chatter ever, but keep in mind that when the leader's up there at the front, s/he can see every. Single. Conversation. That's happening at any given moment. Be mindful of how it feels for especially first-time leaders to look up and see the Rel/Eds talking. Your actions carry more weight than you realize.

b) Sometimes we pray in small groups, and other times we pray together, but either way, tfillot can be a very private moment. While kavanah (intention or feeling) is important, it shouldn't be disruptive of the kavanah of others. Don't be that one person the whole room gets distracted by because you're mumbling along too loud. Also, many of us are trying to read the same words, but our Hebrew skills aren't as good – it's really easy to throw us off. So when we're davening silently, try to keep it down!

5. **DO NOT settle for boredom in the crowd!** We all know that tefillot can get boring, slow, and become silent for long periods of time, but that's where we come in! Our jobs as Religion/Education Vice Presidents are to make sure people enjoy services! Maybe some of the USYers won't enjoy the prayers, but they should definitely feel a sense of community in the service. Try to use as many songs as you can, avoid dull silence and get more people involved.

6. **PARTICIPATE!!!!!!** The most effective and efficient way to teach is to lead by example. If people see you participating (singing and such) they will be more inclined to participate. They will also see how fun it is!



# Put Some Spirit Into it!

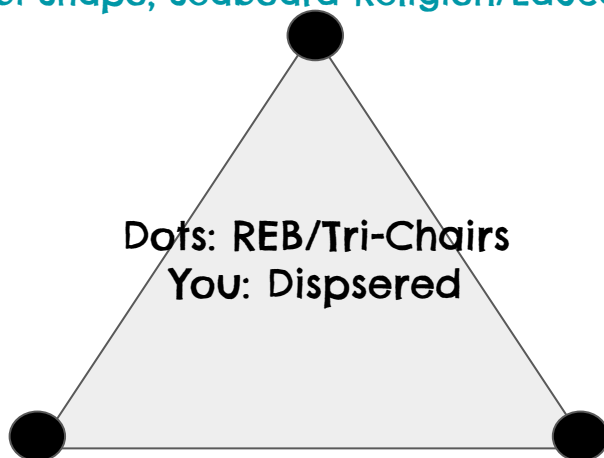
## Seaboard's Ruach in a Nutshell

### Regional Ruach - Illuminati Method

By Yaakov Bellas, Seaboard Religion/Education VP 2015-2016

Adapted from Hannah Weisman, Seaboard Religion/Education VP 2014-2015

Adapted by Gabi Shapo, Seaboard Religion/Education VP 2017-2018



### A Note on Ruach

By Hannah Weisman, Seaboard Religion/Education VP 2014-2015

Adapted by Matthew Kaminow, Seaboard Religion/Education VP 2016-2017

Adapted by Gabi Shapo, Seaboard Religion/Education VP 2017-2018

Think about it this way: There are the front leaders and the grassroots leaders.

Front leaders are the people on chairs with the microphones. It is their job to establish the tempo, key and to make sure the words to ruach or slo-ach song are clear.

You are the GRASSROOT LEADERS!! You are actually more important than any of the front leaders because YOU have control over the crowd. You're the ones in the middle of the room getting PUMPED. *Ruach* means spirit, after all! You also have the power to determine if a ruach or slo-ach session goes well or poorly. Don't get discouraged if your friends don't act excited at the beginning-- if you're singing loudly and are excited about the songs at hand, people will feed off of your energy by copying you and acting just as excited and participatory as you! That's the main goal, right? The higher the participation and energy, the higher the fun!

This year, as Rel/Ed's, I ask that you PLEASE be strong grassroots leaders so that Ruach/Sloach can be a meaningful, powerful, and amazing experience for every single USYer.



# The Ten Commandments of Leadership

By NERUSY Leadership Convention 2000-2001

Adapted by Hannah Weisman, Seaboard Religion/Education VP 2014-2015

Adapted by Matthew Kaminow, Seaboard Religion/Education VP 2016-2017

Adapted by Gabi Shapo, Seaboard Religion/Education VP 2017-2018

1. **KNOW THYSELF:** As a human being in relationship to others, as a Jew.
2. **HAVE A VISION:** Identify with the objectives of your organization or group; both long and short term goals.
3. **CARE ABOUT OTHERS:** Every person is special – not to be exploited. Learn and empathize.
4. **LEAD BY EXAMPLE:** Never ask someone to do something that you are not ready to do yourself. Demonstrate your readiness to work.
5. **SACRIFICE SOME SELF INTEREST FOR THE SAKE OF THE PROGRAM:** Being a leader means occasionally giving up a personal pleasure.
6. **AVOID “MACHER”ITS:** Do not make status the key thing in your life. Develop a degree of humility.
7. **TRY TO DEAL WITH PEOPLE OPENLY AND HONESTLY:** Do not complain behind people’s backs. Confront people if you have valid concerns and try to develop a relationship of trust.
8. **BE ENTHUSIASTIC:** Do not allow your own problems to infect the group. Don’t forget that enthusiasm is contagious.
9. **BE A WALKING ENCYCLOPEDIA OF OPTIONS:** Don’t suggest only one way of doing things. Have lots of program ideas from which others can feel free to choose.
10. **SHARE LEADERSHIP:** Leadership is not the role of one person, it is an activity in which all can participate. All leaders are members, and all members are potential leaders.

# Resources:

**Hebcal:** [www.hebcal.com](http://www.hebcal.com).

This is a website that gives candle-lighting times, triennial torah readings, a holiday calendar and so much more!

**Zemirot Database:** [www.zemirotdatabase.org](http://www.zemirotdatabase.org).

You can find everything related to ruach and slo-ach!

**My Jewish Learning:** [www.myjewishlearning.com](http://www.myjewishlearning.com).

To answer any question you ever have!

**USY Website:** [www.usy.org](http://www.usy.org).

This has everything from a program bank, to a REL/ED page, and more!

**“Online Tikkun”:** <http://scrollscraper.adatshalom.net/>

You can put in what book, chapter, and verses, and it brings up your full Torah reading with both sides of a Tikkun!

**International USY Rel/Ed Resources Drive:** <http://bit.ly/2w2RnO8>

**THE HOLY GRAIL** of every possible Rel/Ed resource out there. Currently includes prayer service outlines, educational content, and more!

## Holiday Calendar 5778:

Rosh Hashanah.....	Sep 21-22, 2017
Yom Kippur.....	Sep 30, 2017
Sukkot.....	Oct 5-6, 2017
Sh'mini Atzeret.....	Oct 12, 2017
Simchat Torah.....	Oct 13, 2017
Chanukah.....	Dec 13-20, 2017
Purim.....	Mar 1, 2018
Passover.....	Mar 21-Apr 7 2018
Yom Hashoah.....	Apr 12 2018
Yom Ha'atzmaut.....	Apr 19 2018
Lag B'Omer.....	May 3 2018
Shavuot.....	May 20-21 2018
Tisha B'Av.....	Jul 21 2018